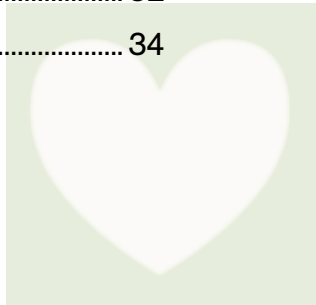
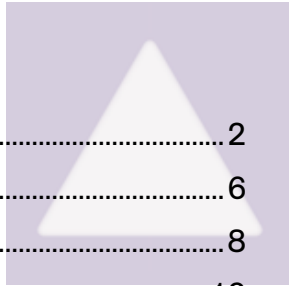




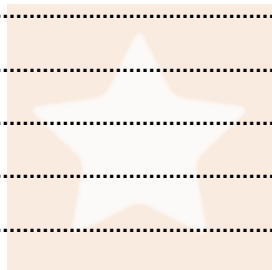
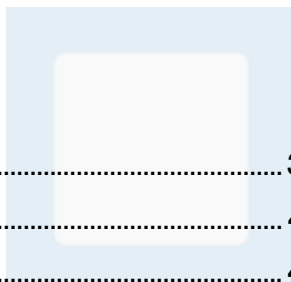
Jesus
and **me**

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Introduction

Hello, My little one!

My name is Jesus, and I love you very, very much! I came down to Earth and gave My life for you because I love you! Since you asked Me to come and live in your heart, I'm with you always. I will never leave you, and someday I'll take you home with Me to a beautiful place called Heaven!





In this book are some of My special words of love to you. There are little talks from Me to you, and all kinds of special things that I want to tell you. If you listen carefully, you can even hear Me whispering in your ear as you read these. Have fun! I love you!

Love, Jesus



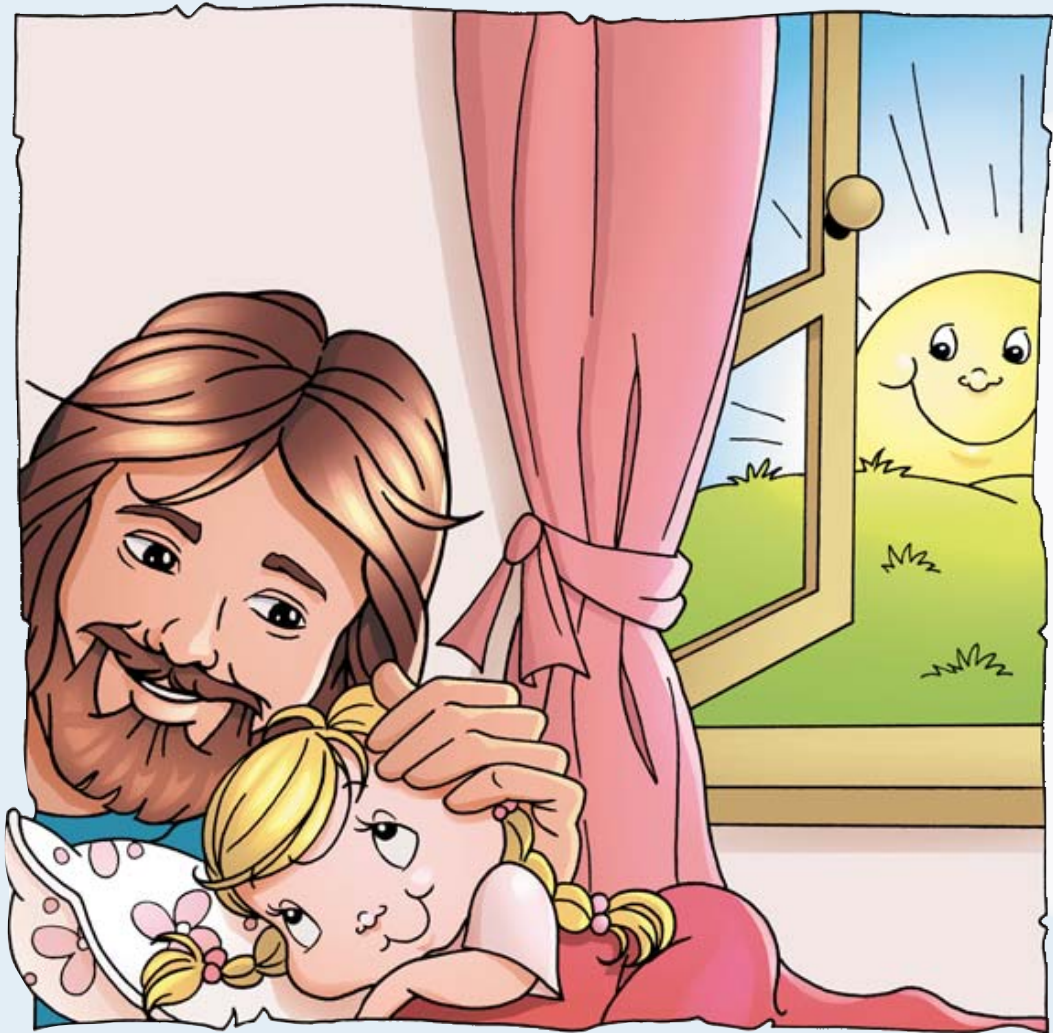


Be a happy helper

There are all kinds of things you can do to be a happy helper and show My love to others! You can ask to help wash the dishes. You can put away your toys and books after playtime. You can make an extra effort to be neat and tidy at the table, and to eat all the food on your plate. You can obey right away. You can say “Yes, ma’am” or “Yes, sir” when you’re asked to do something.

All of these are little ways to be a sample of My love, and doing them will help you grow up to be the loving person that I want you to be.





I'm your wake-up Friend!

When you wake up in the morning, just lie still for a few minutes and listen and you'll hear Me speak to you. I stay with you all through the night, and as soon as you wake up I like to talk to you, because you're so special to Me. You can talk to Me, too. Tell Me whatever you want and I'll listen very, very carefully.





You can ask Me to give you a happy day.
You can ask Me to help you to be kind and loving with your friends. You can ask Me to help you to be a happy helper. You can ask Me to help keep you safe and careful when you play so that you don't hurt yourself. Then, once you ask Me these things, do what you can, and I'll do all the rest! I always hear your prayers, and I always answer you!—I promise!

I'm your wake-up Friend!





Then you can listen to Me and I'll tell you how much I love you. I can even tell you fun stories if you listen for long enough. I can tell you sweet things to tell your mommy and daddy or your teacher. If you have any questions, you can ask Me, and I'll answer you. I'm your fun wake-up friend, and I really like it when you talk to Me first thing each day.

I'm your wake-up Friend!





Bedtime promises

As you lie down to sleep,
just say a small prayer.
I'm waiting to hear it;
I'm always right there.
As you close your eyes
and drift off to sleep,
I'm there to hold you:
That's My promise I'll keep.





If you really want
a bedtime surprise,
I'll bring you sweet dreams;
we'll fly to the skies.
We can travel in spirit
to faraway stars!
We'll ride on the wind;
it's better than cars!

Bedtime promises



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